

Basics of EEG interpretation

! "# \$%%' () *+#, -./%) 01#23"#4 (5#667#9#05:5'15; #<595%&:8=5; #058=>%50"#"
?@@AB?CDEFGC! ?HCC?"#;)86! @"! @I JK@! "L_9M"@@@?NEI A"AA?EA"5@#"
"?#" 0:>P5#Q4"#3%><#5RR5'10#) 9#667"#" "#?@@AB?CDEFGC@AHC! ! "#
;)86! @"! @I JK@! "L_9M"@@@?I ! CJ"IECNE"R&#
C#" S59; 5=>T6.#0%5995%" U"!#9' %5&089<#(5#+85;; #)R#667"#" "#?@@AB?CDEFG?N?H?I C"#"
;)86! @"! @I JK@! "L_9M"@@@?NW! E"E@??J"! ?#
E#" X5%P&#-.#, &; 1Y5#, "#667#)R#M&%18&:#058=>%50"#" "#?@@AB?CDEFGCCCHCC! "#
;)86! @"! @I JK@! "L_9M"@@@?NEI J"NI JCE"J&#
W#" 4&1>P#QT.#\$>0&89#-S.#059Z&; 80#[, .#&M:&9#UQ"#")%P&:#&; >:1#667#9; #M&115%90#)R#>9' 5%1&89#
08<988' &9' 5#" "#?@@AB?CDCFG! I EH?@J"#")86! @"! @I JK@! "L_9M"@@@?@! ! @"! ?! ?A"&A#
A#" 059Z&; 80#["#4(5#667#9#) 95M8:5M18' #058=>%50"#" "#?@@AB?CDEFGCE@HCW?"#
J#" \&95#] .#-' (&%+ɖ' Y=+#[.#51#&:"#-#%5*805; #<:) 00&%+#" R#15%P0#P) 01#")PP) 9:+#>05; #Z+#" :898' &.#
5:5' 1%) 59' 5M(&:) <%M(5%&9; #>M; &15; #M%) M) 0&:#R) %#1(5%5M) %1#R) %P&1#) R#1(5#667#89; 89<0"#" , 5*808) 9#?@! J"#"

! N#" \$&:R)%; #22.#[&Z&>#3.#3%80:&95#/Q.#40>' (8;] .#[89(&#[, "#-P5%" &#a:898' &:] 5>%)M(+08):)<+#
 [) '851+#7>8; 5:895#EG#, 5') %; 89<#a:898' &:#667#) 9#38<81&:#S5; 8&"# "##?@! ABWADEFG?A! H?AW"#
 ;) 86! @"! @N@K?! AEAN?! "?@! A"! ?EWWAC#

! I#" \>%&1&9#&2.#U5&%#U_.#[>::8*&9#_, .#51#&:"#-P5%" &#a:898' &:] 5>%)M(+08):)<+#[) '851+#7>8; 5:895#WG#
 S898P>P#45' (98' &:[1&9; &%; 0#R) #U5; 8&1%# 6:5' 1%) 59' 5M(&:)<%&M(+#"#
 ?@! ABWADEFG?AAH?JW";) 86! @"! @N@K?! AEAN?! "?@! A"! ?EWWAN#

?@#" [15' Y5%#SS.#[&Z&>#3.[>::8*&9#_, .#51#&:"#-P5%" &#a:898' &:] 5>%)M(+08):)<+#[) '851+#7>8; 5:895#AG#
 S898P>P#45' (98' &:[1&9; &%; 0#R) #667#, 5') %; 89<#9#[>0M5' 15; #a5%Z%:#&1("#
 ?@! ABWADEFG?JAH?NE";) 86! @"! @N@K?! AEAN?! "?@! A"! ?EWWJW#

?!"# 4&1>P#QT.#[5:8)>10Y#T.#T' () .#51#&:"#-P5%" &#a:898' &:] 5>%)M(+08):)<+#[) '851+#7>8; 5:895#JG#
 7>8; 5:8950#R) #667#, 5M) 189<"# "##?@! ABWADEFG?NWH?I C"#
 ;) 86! @"! @N@K?! AEAN?! "?@! A"! ?EWWJA#

??#" ['(5RR5%#6.#05%Y)*8#[.a&M)*8:.#51#&:"#-6#: &008R8' &18) 9#) R#1(5#5M8:5M0850G#U) 0818) 9#M&M5%#) R#
 1(5#_6#a) P#8008) 9#R) #a:&008R8' &18) 9#&9; #45#P#89) :)<+"# "##?@! JG! H! @"#
 ;) 86! @"!!!! K5M8"! CJ@I #

?C#" /80(5%#, [.a%) 00#2\$.#3b[()>=&a.#51#&:"#901%>' 18) 9#P&9>&:R) %1(5#_6#?@! J#) M5%&18) 9:&#
 ':&008R8' &18) 9#) R#058=>5#1+M50#" "#?@! JG! H! ?";) 86! @"!!!! K5M8"! CAJ! #

?E#" \$5%P&9#[4.#-Z59; #] [.#0:5' Y#4U.#51#&:"#a) 90590>0#01&15P591#) 9#) 9189->) >0#667#89#%818' &:::+#:##
 &: >:10#&9; # (8; %59.#M&%1#G#9; 8' &18) 90#" "#?@! WBC?D?FGNJHI W"#
 ;) 86! @"! @IJKQ] U"@@@@@@@#@#@#@! AA#

?W#" \$5%P&9#[4.#-Z59; #] [.#0:5' Y#4U.#51#&:"#a) 90590>0#[&15P591#) 9#a) 9189->) >0#667#89#a%818' &:::+#:##
 -; >:10#&9; #a (8; %59.#U&%1#NG#U5%) 995:#45' (98' &:[M5' 8R8' &18) 90.#&9; #a:898' &:#U%&' 18' 5"#
 "#?@! WBC?D?FGI AH! @N"#

?A#" 7&0M&%; #] .#S&9<&9&0#._, &PM&:#] .#U51%) RR#T-a.#\$8%0' (#_2#[8P8:&%81#) R#:15%&:8=5; #%(+1(P8' #; 5:1&#
 &' 18*81+1#) #M5%) ; 8' #:15%&:8=5; #5M8:5M18R) %P#; 80' (&%<50#9#%818' &:::+#:#M&185910#"#
 ?@! CBJ@D! @FG! ?NNH! ?I W";) 86! @"! @@! K&P&95>):"?@! C"CEJW#

?J#" ,); %<>5=#X.,); ; 59#S/.#_&,)' (5#[S#"1' 1&:H8915%" 1&:#) 9189->P(#-#M%)M) 05; #15&1P591#
 &:<) 81(P#" "#?@! AB! ?JDEFG?@WAH?@AE";) 86! @"! @@! AK"! :89M("?@! A"@"?@C#

?N#" /)5%P&9#0.#S&(>:8Y&%#-.#4&; 8#U.#51#&:"#7595%&:8=5; #M5%) ; 8' #: 80' (&%<50#9#%d1%#M(&08' #L_&*50eG#-#
 Z:89; 5; #5*&:>&18) 9#) R#0915#H%&15%&<#5P591#89; #' .898' &:#08<9R8' &9' 5#" "#?
 ?@! AB! ?JD?FG! @JCH! @N@#";) 86! @"! @@! AK"! :89M("?@! W"@J"! @! N#

?I "#" a:&&059#2.#S&+5#[-.#]\ L&:>0Y#& 7.#6P5%) 9#, 7.#\$8%0' (#_2#3515' 18) 9#) R#5:5' 1%) <%&M(8' #058=>50#
 L_81(# 9189->) >0#667#P) 981) #9<#9#%818' &:::+#:#M&185910#" "#?@@EBA?D! @FG! JECH! JEN#
 ;) 86! @"! ?K@! "Q] _"@@@! ?W! NE"NNJ| J"A#?

C@#" 4%89Y#6.#a)' Y#\$.#\$50;) %R5%#3.#51#&:"#[U6aV-_#, 6UT, 4#-#; 5R89818) 9#&9; #' :&008R8' &18) 9#) R#01&1>0#
 5M8:5M18' >0#f#, 5M) 1#) R#1(5#_6#4&0Y#/)% 5#) 9#a:&008R8' &18) 9#) R#[1&1>0#M8:5M18' >0#a) P#801) #801)%&:"# "#?@! WBWAD! @FG! HI "#;) 86! @"!!!! K5M8"! C! ?! #

C! "#" 0&>5%0' (P8; 1#-#. >Z89) 0#a.#a:&&059#2#-MM%) &' (#1) #S&9&<89<#U5%) ; 8' #380' (&%<50"#
 "#?@! NBCWDEFGC@I HC! C";) 86! @"! @IJKQ] U"@@@@@@@@@@@@@EAE#

C?"# _5L80#3Q.#2) (90)9#6_"#U%)<9)080#)R#U5%8) ; 8' #&9; #, (+1(P8' #U&115%90#9#- ; >:1#&9; #U5; 8&1%8' # U)M>:&18)90"#

EA"# 7&01)9#46.#05Z89#6S.#a>115%#7 , .#_8>#^ .#[=8R:&%0Y8#2U"##915%&'18)90#Z51L559#" &99&Z8; 8):#&9; #
')PP)9:+#>05; #&9185M8:5M18' #; %><0"#" "#?@!JBWNDI FG! WNAH! WI ?;"#;)8G! @"!!!!K5M8"! CNW?#

EJ"# 4):5; &9) #S.#0%811)9#2Q.#S'\5)9##&.51#&:"#h18:81+#" R#&9#PP>9)1(5%&M+#1%&:#89#5*&:>&189<#M&185910#
L81(#M%50>P5; #&>1)8PP>95#5M8:5M0+"# "#?@!EBN?D!NF6!WJNH!WNA#" #
;)8G! @"! ?! ?KQ] _"@@@@@@@CNC#

EN"# I >5Y#-S_-#0%811)9#2Q.#S'\5)9#-.51#&:"#->1)8PP>95#6M8:5M0+"# "#?@! ?BAIDWFGN?HWIC#" #
;)8G! @"! @@! K&%' (95>%) :"?@!!?"INW#

EI"# 38&=H-%&018&#, .#/%) :#-0.#7&%' 8&#Sa.#51#&:"#08:&15%&:#P5P)%+"; +0R>9'18)9#89#5M8:5M0+#+>%<5%+#
'&9; 8; &150#; 515'15; #Z+#+(5#91%&'&%)18; #&P)Z&%Z81&:#M%)'5; >%5#DQ&; &#P5P)%+#1501F#" #
"#?@@?BCD!FGN?HI!"#;)8G! @"! @@AK5Z5("?@! @"?IN#

W@"# [(&%&9#-.#T)&` a.#_&9<R811#2.#[M5%:89<#S, "#91%&'&%)18; #&P)Z&%Z81&:#M%)'5; >%5#R)%#5M8:5M0+#+
0>%<5%+"# "#?@! !B?@D?FG?@!H?!C#"#;)8G! @"! @!AK""+5Z5("?@! @"! !@"! C#

AC"#" 7) 9=&:5=HS&%1895=#2"#4(5#[15%5)H6:5'1%)59'5M(&:<%&M(+G#4(5#6M8:5M1)<598' #j) 95"#"

J1 "# \$5' Y#a] .\&9<H[15M(590#3.#S&005+-3.#51#;"#4L_)H+5&%#58=>%5%#5; >'18)9#9#%; >:10#L_81(#P5;8'&;:+#891%&'1&Z:5#M&%18&:#)9051#5M8:5M0+#1%5&15; #L_81(%#50M)908*5#95>%)018P>:&18)9G#/89&:#50>:10#)R#1(5#,]#[+015P#U8*)1&:#1%8&:# "#?@!EBWWDCFGEC?HEE!"#;)86!@"!!!!K5M8"! ?WCE#

N@#" \&9<H[15M(590#3.#S8%%)#6.#Q5Z5%#U0.#51#:&;"#_&15%&8-&18)9#)R#P508:PM)%&:#)Z5#5M8:5M0+#L_81(#'(%#98'&PZ>:&1)%+#5:5'1%)')%18')<%&M(+#" "#?@!WBWADAFGIWIHI AJ"#;)86!@"!!!!K5M8"! C@!@#

N!"# 05%<5+#7\.#S)%5:#S2.#S8=%&(#6S.#51#:&;"#_)9<H15%P#1%5&1P591#L_81(%#50M)908*5#Z%&89#018P>:&18)9#89#%; >:10#L_81(%#5R%&'1)%+#M&%18&:#058=>%50%" "#?@!WBNEDNFGN!@HN!J"#;)86!@"!?!?KQ]_ "@@@@@@@@?N@#

N?"#

;)%! @"! ?! ?KQ] _ "@@@@@@@@?@JA#
IW#"] >L5%S.#6P5%)9.#5#) L5IW#" Q#6IW"; (#959IW#